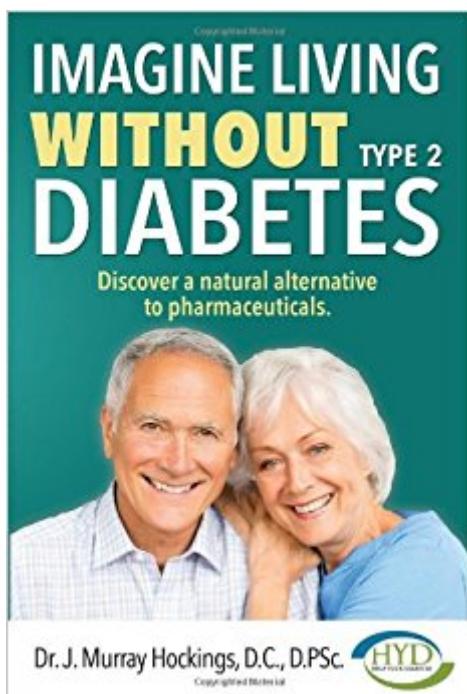


The book was found

# Imagine Living Without Type 2 Diabetes: Discover A Natural Alternative To Pharmaceuticals



## Synopsis

At last *It's a Simple Guide to Reversing Type 2 Diabetes* is a simple, step-by-step guide to doing what many doctors thought impossible: reversing Type 2 Diabetes! The epidemic of obesity and bad eating habits in America has spawned an even worse condition: Type 2 Diabetes. This devastating condition affects 26 million and threatens 79 million Americans who have pre-diabetic symptoms and conditions. For years, a Type 2 diagnosis by a doctor meant fighting a losing battle to live free of the condition. But the doctors were wrong! The Three most Common Lies about Type 2 Diabetes 1. Diabetes can't be reversed. 2. Medications are the only thing available to manage your diabetes. 3. It's a waste of your time and money to attempt to reverse diabetes with natural therapy. But as this book demonstrates, it is possible to reverse Type 2 Diabetes. Get an early grip on turning back this nearly invisible life-threatening illness. *Many pre-diabetics and Type 2 Diabetics don't realize they have diabetes until they go for a full physical examination with their doctor.* The reason for this is simple: there are many symptoms that seem unrelated, but which are inter-related to the illness. The sooner you are diagnosed with diabetes, the better your chance is to avoid serious complications. Without early identification and treatment, you may be more at risk for developing cardiovascular disease, hypoglycemia, kidney failure, retinal damage, ketoacidosis, blindness, erectile dysfunction, gangrene, nerve damage, and even amputation of the feet. That being said, there are many symptoms that may point to diabetes. By taking the time to explore this list of symptoms, you might be able to pre-screen yourself for diabetes. *See the Six Most Common Symptoms of Type 2 Diabetes on page 29* Don't live with the lies of the Pharmaceutical Industry, Food Manufacturers and the Medical Profession. This small guide by Dr. J. Murray Hockings, D.C., D.PSc. will help you fight back so you can turn around a diagnosis of Type 2 Diabetes naturally by starting down a new revolutionary path to health and wellness. Your return to health starts here!

## Book Information

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## **Customer Reviews**

Dr. J. Murray Hockings, D.C., D.PSc. has been practicing for 23 years and has seen over 17,000 patients in his career. He is an internationally known speaker, natural health expert and the author of "Send Your Doctor Packing". He is on a mission to help millions of diabetics because his aunt died of diabetes complications at age 34. He has been married for 21 years and they have a 19 year old daughter.

AVOID BUYING THIS NEARLY USELESS BOOK!!!(I bought this book after attending Dr. Hockings' lecture in Gainesville, FL, because I wanted more info about his program before committing \$4,000 to \$ 10,000 (depending on how many months needed to complete his Wellness Program). I hoped the book would be more specific about the various cleanses (liver, gut, and "body") he employed, because I know there is a lot of hype and misinformation about "cleansing" and about the various supplements used to achieve this cleanse. Also, more info about recommended diets and supplements would have made this book far more useful. But then we wouldn't need his Program...Well, there is essentially NO INFORMATION about the methods used (of course not, they're proprietary and you cannot get the info without paying his exorbitant fees). The book is essentially one giant infomercial about the evils of diabetes (there they go again, trying to hook us by instilling fear). Any diabetic should already know nearly all of the presented material. But, for example, there is no reason given for why you should avoid dairy products (which is somewhat controversial according to my literature review). The book is only 97 pages, in small format, and is very redundant. In short, this is just another promo book for an expensive program. I would recommend that you skip this book, but I also do recommend that you attend one of his lectures (check the website (<http://helpyourdiabetes.com/>) or call 1-800-321-9054 for more info. He did "scare me straight" and I have drastically modified my personal approach to my moderately severe diabetes, with encouraging early results, cutting my insulin dosage from nearly 100 U/day to less than 20.

This whole book is an advertisement for their program. I thought the book might tell you how to reverse your diabetes, or live with it in a healthier manner, but it doesn't. It just says we know how to do it, and if you want to do it, come complete our three week program. The program might be great, but I feel gyped that I bought a "book" that was an advertisement.

The author rants about the money making drug companies and doctors but then goes on to try and sell you his "fix" - supplements and telling us all things that we know already like eat fruit and veggies - stay away from sugar. I was disappointed.

Dr. Hocking explains in details on why Diabetes is harmful to your body and things that can be done to prevent the condition to get worse. It goes to the cause of the problem and how someone can stay off of medication.

The Book in my opinion repeated itself too much, I think, just to add to the content. When it got to the actual nitty gritty part about what you should do to help your Diabetes it is exactly what you get taught if you do the 4 week diet course your doctor should send you to when you first confirmed as a Diabetic.

Do not waste your time purchasing this book.

A life saver .....looking for a sponsor to promote a DB 2 cooking show "DB Cooker the Mad Diabetic Chef !!!!!

I bought it for my grandma

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Type 2 Diabetes:The Type 2 Diabetes Guide With Powerful Type 2 Diabetes Tips (Free Checklist Included)[Type 2 Diabetes, Type 2 Diabetes Cure,Type 2 Diabetes Diet, Diabetes Diet, Diabetes Magazine] TYPE 2 DIABETES DESTROYER: The Secret to REVERSE Type 2 Diabetes, 3 Proven Steps to Reverse Type-2 Diabetes in 11 Days (Diabetes type 2, Diabetes, diabetes ...

DIABETES,diabetic cookbook,type 2 diabetes) Imagine Living Without Type 2 Diabetes: Discover a natural alternative to pharmaceuticals Reverse Diabetes: Stop Diabetes Without Drugs (Type 1 and 2 Diabetes, Symptoms, Diabetes Cure, Diabetes Solution, Diabetes Cookbook, Diabetes Diet, Diabetes Nutrition) BLOOD TYPE DIET : Eat recipes according to blood type(blood diet,blood type

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